



"The Newsletter" For MARTLESHAM & BRIGHTWELL



9 August 2020
(next edition Sunday 30 August)

<https://en-gb.facebook.com/pages/category/Church/Martlesham-Benefice-392285008216057/>

<https://www.youtube.com/channel/UCotQ-hXSan3sj5ij2e-2qvA>



The Runway is open again!

We open on Thursday and Saturday mornings during August. Please join us for great coffee and cakes.

Pastoral Care Team

During the lockdown the pastoral care team have been keeping in touch with many of you by email or by phone. It's been a real blessing to get to know some people better and to share in the ups and downs of each other's lives. As the lockdown is easing and people are beginning to meet up with family and friends, we felt that perhaps the time has come when this is no longer needed. The pastoral care team are still very much here and available if you would like to talk to us, or ask us to pray for something, so please do get in touch with us. The contact details are at the end of the newsletter.

Christine Pinder

On-Line Services & Lectionary Readings for Sundays 9, 16 & 23 and Wednesday 12, 19 & 26 August

Sunday 9 August
10.00am Facebook & YouTube
Genesis 37.1-4, 12-28
Psalm 105.1-6, 16-22, 45b*
Romans 10.5-15
Matthew 14.22-33

6.30pm Live - Evening Service @ St Mary's

Wednesday 12 August
10.00am Facebook & YouTube
Psalm 119.57-80
1 Samuel 20.18-ends
Acts 2.1-21

Sunday 16 August
10.00am Facebook & YouTube
Genesis 45.1-15
Psalms 133
Romans 11.1-2a, 29-32
Matthew 15. [10-20]21-28

6.30pm Facebook & YouTube BCP evening prayer

Wednesday 19 August
10.00am Facebook & YouTube
Psalm 77
1 Samuel 28.3-end
Acts 4.13.31

Sunday 23 August
10.00am Facebook & YouTube
Exodus 1.8-2.10
Psalms 124
Romans 12.1-8
Matthew 16.13-20

6.30pm Facebook & YouTube BCP evening prayer

Wednesday 26 August
10.00am Facebook & YouTube
Psalm 119.105-128
2 Samuel 6.1-19
Acts 7.17.43

Toby Tate

What could you not live without?

I remember leading a youth session some time ago and we started with an ice breaker style question. If your house was on fire and you could only grab three things, what would you save? I think the answers given were generally the cat and my phone. The third option was harder for them to choose.

We had a practice of this earlier this week. I've just come back from a few days camping in the broads. Camping is a good way of measuring the size of your car. The boot seems huge until you add in the tent, and then you have to choose what you will take and what you will leave behind. Do I want to take a stand for the cooker, or do I want an airbed to sleep on? If we take the inflatable canoe, what can we leave behind to fit it in? Is it going to rain, or can I leave my coat behind and chance it? You get the idea.

I think we did better than our friends we camped with, and there was a certain amount of smugness that we have an extra child to them, and yet they needed a roof box and a trailer. Perhaps I am less attached to my stuff than they are (or more mean to my children who had to leave a lot of stuff behind!)

Jesus spoke of the risk of storing up treasures here on earth and urged us to instead build the kingdom of God. He knew that the risk is that our 'stuff' becomes more important than seeking God. Perhaps having a smaller car is a good thing – it makes camping decisions easier and encourages us to seek God, rather than becoming attached to our stuff.

¹⁹ "Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal; ²⁰ but store up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. ²¹ For where your treasure is, there your heart will be also. (Matthew 6:19 – 21)

I hope you are all able to have a break this summer and that your holiday is as sunny as the few days I have just had.

7 August 2020

Thoughts and Prayers

Thank God and help us pray for

- That a further upward trend on the pandemic will be minimal and controlled and
- pray all of us will have the strength to deal with the outcomes.
- Those who are finding the continued lock down a challenge and dealing with their personal decisions on meeting others.
- Those who found it financially difficult before the current crisis and those who are struggling further with the economic pressures as the crisis has deepened.
- All service workers and their families who are putting themselves on the front line, wherever that "front-line" may be.
- The generosity of people to the Foodbank
- For those families who are bereaved, remembering especially Edward Still, his wife Rosemary and their family
- For those whose friends or family are in hospital, nursing homes or ill and lonely at home
- Our local, national and world leaders to act wisely and not forget the third world contries whose communities are likely to be be devastated in the next few weeks.
- The community of Beriut and the Nation of Lebonan in their desprate plight, praying that they can find a political and financial solution.
- For all those doing "little bits if kindness" to others
- **"Prison Fellowship"** We pray children who will be visiting their parents in prison for the first time in many months this month. May God surround them with His peace and love, may they quickly connect with their parent, and may they fell supported through whatever emotions arise during their visit.

Face to face Services

This Sunday will be the last in our series of evening services in church – at least until September as I have not got people to provide holiday cover for me. We will meet at St Mary's at 6.30pm on Sunday for evening prayer.

If you have kept up with the news, you will know that the law on face coverings will change on Saturday 8th August, requiring them to be worn in church (and other places). The government guidance on how this works is still being prepared as I write this (Thursday 6th) but the C of E website gives these details:

From 8 August, face coverings are also required by law to be worn in a greater number of public indoor settings including places of worship, museums, galleries, cinemas and public libraries.

*There are valid exemptions for some individuals and groups not to wear a face covering in these settings. In particular, **those who are leading services** or events in a place of worship, and those who assist them (for instance by **reading, preaching, or leading prayer**) do not always need to wear a face covering, although one should be worn especially if physical distancing cannot be maintained (i.e. distributing consumables). This exemption does not apply to worshippers, who should wear face coverings consistent with the requirements for any other public space.*

I will continue to wear a face shield whilst leading services and I ask that, unless you are exempt from wearing a face covering, you come prepared with one to the services.

On Sunday 30th August at 10.30am, I plan to lead a communion service outside in the churchyard of St John's Brightwell. As it is a churchyard being used for a service of public worship, there is no limit to numbers, but we will need to socially distance. If you would like to come, please bring your own chair and, if possible, your own hand sanitiser – there is no running water at St John's. As things stand at the moment, we will still be unable to sing, despite being outside, and I don't know how the rules on face coverings will be applied to outdoor services, so please bring one just in case. More details will be posted on our Facebook page nearer the time, including a move to St Michael's if the weather is not suitable for outdoor services.

Finally, on Wednesday 12th I am meeting with the ministry team to try and put a plan together on what church services might look like going forward. Planning anything long term is a challenge at the moment, but if you have any thoughts on what the church should look like, please do let me know.

Toby

St. Mary's Open for Private Prayer.

St. Mary's church is now open on Thursday mornings between 10.00 am and 12.00 noon for private prayer. We now have enough helpers so that all the volunteers are only on duty for one Thursday each month. If you would like to be a reserve for odd occasions when someone can't make it, please contact Roger on 01473 610 353.

Prayers for the week of 9 August from Cathy Bourner

Prayers for the week.

But lo! there breaks a yet more glorious day:
The saints triumphant rise in bright array;
The King of glory passes on His way:
Alleluia ! Alleluia!

What a glorious sound to hear a Cathedral full of voices, raised in singing together, in acclamation. Father God we come as we are to a time of adoration, in silence, in solitude, as we read together. In expectancy of giving you our worth, however inadequate we might feel ourselves, what is given is enough, as we join our adoration with that of the Saints of the kingdom.

*Lord in your mercy,
Hear our prayer.*

Father God we confess that there are times when we fall short of being witnessed as your children, inheritors of the kingdom. Forgive our weakness, our dwelling too long in the dark places of fear and bitterness. We are sorry that sometimes we are quick to judge others, and not to journey with the Saints triumphant.

*Lord in your mercy,
Hear our prayer.*

We give thanks that there is yet a more glorious day, when the darkness is lit by healing and wholeness. Give us thankful hearts to journey on in this world, where the familiar is overshadowed by restrictions, where our routines are less ordered by what we expect to happen. Thankful hearts for those incidental acts of kindness, shown by those around us. We can each be thankful for the blessings of our day.

*Lord in your mercy,
Hear our prayer.*

We ask your blessing on all those who by their kindness make our lives more precious. For family friends neighbours, those whose employment brings comfort to our own lives .

We ask for healing within our hospitals care homes hostels police stations and prisons. Widen our vision to see beyond our own circumstances, to see the desperate need that some are in.

We pray for those nearing death and for those who mourn, for those at the bedside of the very ill. Comfort those who fear the next few days.

Accept these prayers for the sake of your son Jesus Christ. Amen.

Prayers for the week of 16 August from Lynn Wilder

Blessed are you, God and Father of Our Lord Jesus Christ. Enable us to be true to our calling and live Holy and blameless before for you all of our days.

Lord in Your Mercy.....

We pray for all who have been imprisoned for their faith and for all who are facing persecution or danger and for all who stand firmly for freedom and justice.

Lord in Your Mercy.....

O, Lord support all who seek to support others, all who care for the homeless and poverty stricken and all who work with prisoners or outcasts.

Lord in Your Mercy....

We pray for all who speak out for the communities in which they belong, thinking especially of the Grenfell Tower community. Bless our families, our homes and our friends. We pray for so many families in trouble at this time. Show us Your Mercy Heavenly Father.

Lord in Your Mercy.....

We pray for all who have suffered hardship or calamity, for those injured or suddenly taken ill. We pray for all those with gifts of healing and caring.

Lord in Your Mercy.....

Heavenly Father, give strength to all those watching by beds of sickness, and caring for loved ones dying. Lord we pray that all our loved ones departed may arise to life Eternal.

Merciful Father Accept these prayers for the sake of Your Son Jesus Christ. Amen.

Staying in Touch After-church Zoom coffee.

We have now established this as a weekly event for any who want to join in. This could only be publicised to those who have authorised church use of their email address. If you have missed out and would like to get an invitation just email us at pastoralcare.mb@gmail.com.

For any who have already participated, the sign-in details remain the same each week. Let us know if you have lost track of the original invitation and we'll send it again.

Andy Taylor

MOTHERS UNION

Owing to the current Corona virus restrictions we have regretfully cancelled all our monthly meetings until the end of the year. We had some interesting afternoons arranged but, as soon as it is safe to do so, we will rebook all the speakers. The British Legion speaker has already said he will come in October 2021 instead!

In the meanwhile, we must continue with our knitting and sewing, and keep in touch by phone, email, or meeting in small groups of up to six members in our gardens.

We pray for God's blessing to get us through these difficult times. Keep safe and well. God bless you all.

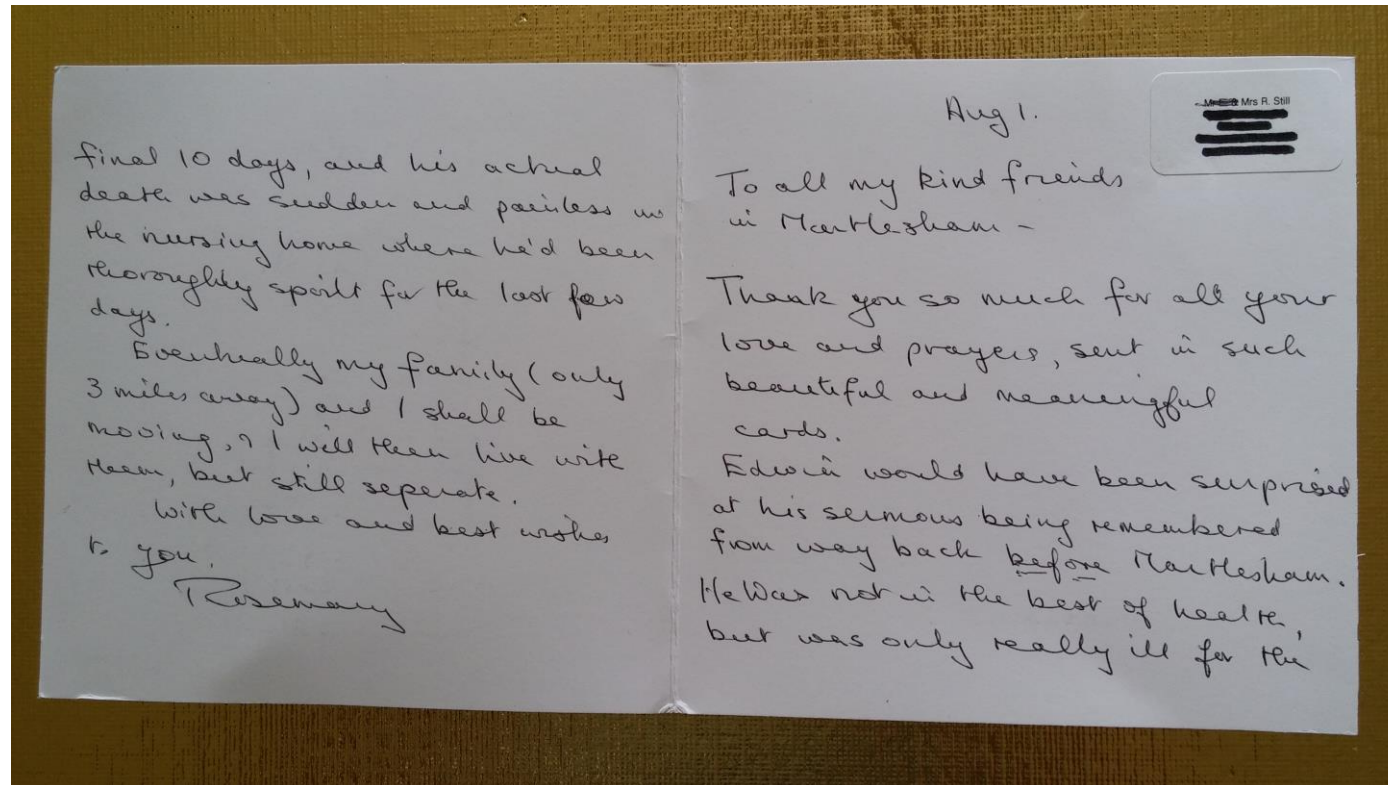
Mary Stalley (01473 623752)

Edward Still

Many of you will have heard of the sad death of Edwin Still, who was a resident of Martlesham and a Reader in the ministry team here for many years until he and his wife Rosemary left to be near their family in East Sussex. Edwin was a language teacher and an enthusiastic scholar; whose knowledge of New Testament Greek was always evident in his thoughtfully prepared sermons. He and Rosemary were both members of the church choir and were central to church life here for many years and were great supporters of the building of St Michael's. Our thoughts and prayers are with Rosemary and the family. Rosemary has sent a card to all her Martlesham friends, thanking everyone for their good wishes and you can read it here.

Carolyn Smith August 2020

Below is a card from Rosemary thanking the Community for our thoughts and prayers.



Cathy Moore

Hello everyone.

Although I keep in contact with family and friends, I am not keen on using technology to keep up with other groups I belonged too, preferring to be patient until we can meet face to face.

I have enjoyed these News letters however, and found the words and pictures of interest.

It seems that nature has played a big role for many of us, and watching the creatures, and vegetation more closely over the past months has been a golden lining to the continuing situation.

The painting was inspired by Jan and Ronan. On returning from Rwanda, they spent time in North Berwick before returning to our community just as lock down started. It is a reminder that each of us has a story.

Penny included a beautiful photo of Martlesham creek a while back. I asked her permission to paint it as it is one of our favourite walks. We have always known Penny lived on a boat, but now we know which one and often call to say hello, although she probably never realises as she is mostly out.

Lastly the picture of the apples. To me they are a sign that there is life beyond a pandemic, and we must not lose sight of what is around us and is good amidst fear and sorrow, and the unknown.

Cathy August 2020





Flower Arrangement at St. Marys

Lynn Wilder August 2020.

Ride and Stride

Here is a big fun event which involves lots of people which you can take part in safely. Ride and Stride will take place this year. So, you can still raise money for our church and historic places of worship throughout the county by gaining sponsorship to walk or cycle along your own route between most of the church buildings across Suffolk.

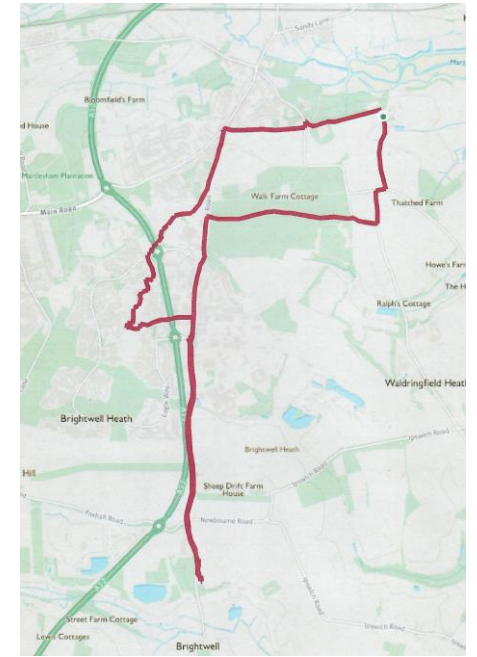
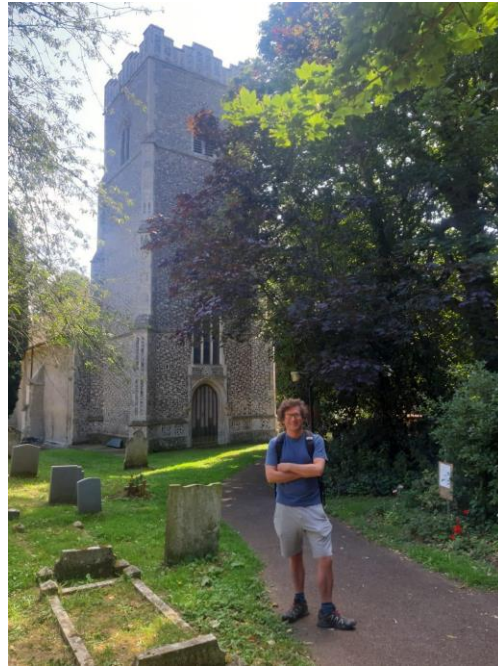
The arrangements for recording each church visited will be COVID safe; you will either use your own pen to sign in or take a photo of the church sign board. So, while there is less need for recorders, walkers, riders and sponsors are still very much needed. Half of the money raised goes to the church of your choice.

For forms and suggested routes please ask Paul Jordan p.m.jordan@btinternet.com



Holiday Snaps

Tom Boother shared his “Lockdown Holiday” snaps visiting the three churches.
Please email Editor your holiday snaps



10 Km Route & walk by Tom Boother, Pictures by Sarah Kenyon



A free phone line of hymns,
reflections and prayers

The Archbishop of Canterbury has launched a 24-hour free phone line for Christian worship and prayer, aimed at those who have no or limited access to the internet. Justin Welby said *"With many in our country on lockdown, it's important that we support those who are feeling lonely and isolated, whatever age they are."*

People calling the free number will hear a greeting from the Archbishop and can then choose from a range of options including hymns, prayers, reflections and advice on Covid-19. The line – which is available 24 hours a day on 0800 804 8044 – has been set up particularly with those unable to join online church services during the period of restrictions in mind.

Staying in Touch

We all need cheering up and perhaps reminding ourselves that we are a community, so if you have a prayer, poem, interesting reflection or anything else you would like to share please email me on newsletter@martleshamcofe.org.uk

As this is an "E version" I have more space and can use colour.

If you have anyone that you would wish to be remembered in our prayers, please let me know.

There are a few folk who cannot receive this via email, so we need a few "buddies" to deliver printed copies of *The Newsletter*, to your neighbours.

If you wish to share *"The Newsletter"* with others than our Church community, please feel free to email it on.

Any ideas please just email, I am in need of inspiration *Editor!*

The Pastoral team are always available, please feel free to call if you need any of them.

The pastoral care team If you would like a visit from the pastoral team, or you would like to let us know about a pastoral situation for prayer please get in touch. Brenda can be contacted on pastoralcare.mb@gmail.com for more details. 07565 196325

Facebook page Google [Martlesham Benefice - Home | Facebook](#) and follow the link.

The Newsletter is published on the web on Fridays, why not get an advance read by going to <http://www.martleshamcofe.org.uk/church-newsletter>

If you have a prayer you think others would like to share, please send me a copy to newsletter@martleshamcofe.org.uk or 01473 624160 **Richard Boother**.

PARISH MINISTER: The Revd Toby Tate (Rest Day: Saturday)

The Rectory, 17 Lark Rise, Martlesham Heath, IP5 3SA

Tel: 01473 612659: Email: toby@martleshamcofe.org.uk

ASSOCIATE PRIEST: The Revd Margaret Rittman, (working days: Sun, Wed & Thursday)

Woodlea, The Street, Martlesham, IP12 4RG

Tel: 07914 771061 Email: mgtritt@me.com

CURATE: The Revd Christine Pinder, (working days: Sun, Wed & Thursday)

3 Mayfields, Martlesham Heath, IP5 3TU

Tel: 07555 748345 christine.pinder@btinternet.com.

READERS: Carolyn Smith, 74 Heathfield, Martlesham Heath, IP5 3UB

Malcolm Rittman, malcrittman@gmail.com

ELDERS: Margaret Rollins, 9 Angela Close, Martlesham, IP12 4TG. 01473 623868

Liz Welham, 23 Deben Avenue, Martlesham Heath, IP5 3QP. 01473 622709

Lynn Wilder, Kenton, Nr. Debenham. 01728 860627

Simon Smith, 11 Squires Lane, Martlesham Heath, IP5 3UG. 01473 612410

PARISH WEBSITE: <http://www.martleshamcofe.org.uk/> Items for newsletter should be sent to newsletter@martleshamcofe.org.uk

PARISH ADMINISTRATOR: Colin Shead, colinadmin.smaa@btinternet.com

NEWSLETTER –

Editor Richard Boother, 7 Broomfield Mews, Martlesham Heath IP5 3TN 01473 624160