

Notes

* It is very much regretted that in the event of cancellation, payment for these trips **cannot** be refunded unless there is a waiting list.

Numbers for some events are limited so to be sure of your place please return the booking form as soon as possible.

Remember to keep a note of what you have booked!

Confirmation of bookings will be sent by e-mail or letter.

If you do not receive confirmation, or a letter saying that you are on the waiting list, please contact one of the organisers:

Hazel Brierley	07896 728332
Debbie Boother	01473 624160
Phil Smith	01473 625630
Brenda Taylor	01473 809930

Holiday at Home

10th - 16th June 2019

a holiday with a difference!

a week of holiday activities where you go home to sleep in your own bed.
Specially for the over 55's.

postcard

**Wish
you were
here!**



To:

Everyone over 55 in
Martlesham and
Surrounding areas
Suffolk

Programme

Monday 10th June

A Day at the Seaside with Fish & Chips

Relax at 'The Hut' Felixstowe, with a view of the waves and ships that pass. Stroll along the promenade or even dip those toes. Coffee served on arrival, Fish & Chip lunch provided, with an afternoon cup of tea to follow.

Make your own way by car, sharing where possible, to 'The Hut', Undercliffe Road East, Felixstowe, IP11 7LZ.

Those with mobility problems can be taken to the hut but cars should be parked in the adjacent streets.

Please contact one of the organisers if you require a lift

Arrive at The Hut from 10am

Leave Felixstowe at 3.30pm

Cost £10*

Tuesday 11th June

By Train for Afternoon Tea

Enjoy a train trip to Beccles, explore the town and treat yourself to an Afternoon Tea with a selection of mini cakes & scones, cocktail sandwiches and freshly baked savoury pastries [Gluten Free and Vegetarian options available]. Arrive at Twyfords Café, Exchange Square, NR34 9HL at 1.30pm for tea to be served at 2pm.

Meet Woodbridge Station before 11.20am so we can catch the 11:32am train. Early birds may want to allow extra time to buy a coffee prior to their journey at the Whistle Stop Café or Riverside Restaurant.

Car share to the station or let one of the organisers know if you require a lift.

Returning on the 4.25pm which is due into Woodbridge at 5.25pm.

Train fare with Group Save or Senior Rail card is £10.50

Afternoon Tea (optional) is £12* Total = £22.50

Wednesday 12th June

Cream Tea and Bright Music

Brighten up the day with entertainment from the Brightwell Ukuleles and enjoy a delicious Cream Tea. End the afternoon with a sing-a-long.

2pm at St Michael & All Angels, Martlesham Heath, IP5 3PL

Cost £5

Thursday 13th June

Coach Trip to Bressingham Steam and Gardens,

Take trips on any or all of the three railways and even ride the Carousel. Visit the museum with its National Dad's Army collection or the locomotive sheds. Wander through the renowned gardens and visit the garden centre. Take a picnic or eat at one of the cafés.

Depart: 9.30am from St Michael & All Angels, The Drift, Martlesham Heath, IP5 3PL

Coach leaves Bressingham at 3:30pm

Cost £18*.

Friday 14th June

Friends on Friday followed by Soup and Pudding

Enjoy a sociable morning with a range of activities to keep you mentally and physically agile. Then relax with friends over a lunch of soup and pudding to be served at **12:15pm.**

10am to 2:30pm at St Michael & All Angels, Martlesham Heath, IP5 3PL

Cost £4 for soup and pudding. If just attending Friends on Friday, usual donations for coffee and biscuits.

Saturday 15th June

Playford Hall Open Garden and Village Fete

Explore the grounds of Playford Hall, a moated Elizabethan Mansion with its formal borders, rose garden and pond. Enjoy the fun of Playford Village Fete or relax with tea and cake.

From 2pm at Playford Hall, Playford, IP6 9DX

Entry Donations to St Elizabeth Hospice

Make your own way by car, sharing if possible.

Please contact one of the organisers if you require a lift

Sunday 16th June

Songs of Praise

The grand finale with some of your much loved hymns followed by strawberries and cream.

3pm at St Michael & All Angels, Martlesham Heath, IP5 3PL

Free but optional donation towards the cost of the strawberries

Please indicate whether you expect to be present, in order to help with quantities for catering.

All welcome on the day though!